

The Foundation for the Developing Person
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Certificate Course

The Spiritual Dimension in Therapeutic Relationships

This course is open to practitioners who would like to explore the spiritual dimension in their therapeutic relationships and welcomes those from any organised religion or none. A policy of inclusiveness and respect for all regardless of race, creed, gender, sexual orientation and dis/ability or therapeutic theoretical orientation will create a diverse and enriching group experience.

The course will be offered in a small group (maximum size 8) in Highams Park, East London.

The Certificate requires 80% attendance.

The cost of the course is due in full one week before the course begins. The cost may be spread by paying for each day by post dated cheque one week in advance of each day. The cost for the course is: £350 including lunches, refreshments and materials.

Accepting a place on the course requires a commitment to paying for the full course, whether or not you complete it.

To apply, please complete the form below and send it with a brief statement of what you hope to gain from the course and what you would like to contribute to it, along with your cheque/s post dated to one week before the course begins (if paying in advance) or one week before each of the dates.

Name: _____

Address: _____

Tel no: _____ Email: _____

Special dietary or other needs: _____

Please send to Jan Hawkins at The FDP, address overleaf

The Spiritual Dimension in therapeutic relationships

Five day course leading to a Certificate of Completion of 30 hours of CPD
(Continuing Professional Development)

The days will include input, discussion of suggested reading, experiential exercises, spiritual exercises and meditation. The general framework will be:

- 1: Exploration of own spiritual journey 1
Exploring definitions 'Spiritual dimensions'
The spiritual dimension and organized religion
The spiritual dimension in the secular world
- 2: The challenges of spiritual growth
The spiritual dimension in therapeutic relationships
Self care – the discipline of self love
Spiritual crises in therapy
- 3: The mystery of the life/death/life cycle
Accompanying the spiritual seeker in therapy
Reflecting on own spiritual journey 2
- 4: The quality of presence
Symbols and rituals in therapy
Nature and the environment
- 5: Presentations from each group member.

Each day we meet from 9.30 for a 10.00am prompt start and finish at 4.00pm.

NB—The Certificate requires full attendance. In the event that any of the course is missed, the student will be required to submit written responses to set work from any part of the course they have missed.